



## Anti-Rape Self-Defense Seminar

February 28, 2015 • 1:00pm—4:00pm • Check In 12:30 pm



### What you will learn:

- ⇒ An introduction to definitions and statistics
- ⇒ What rapists look for
- ⇒ General tips on avoiding/preventing rape
- ⇒ Signs and symptoms
- ⇒ Basic self-defense

### Target Audience:

- ◆ Ages 11 and up
- ◆ A parent must accompany minors
- ◆ Everyone must sign a waiver

Register at [SignUpGenius](http://SignUpGenius.com). Choose “Find a SignUp” and search by email using [elyonmartialarts@gmail.com](mailto:elyonmartialarts@gmail.com) or type in the following link:

[www.SignUpGenius.com/go/20F084FADAF2EA6FF2-antirape/](http://www.SignUpGenius.com/go/20F084FADAF2EA6FF2-antirape/)

Each seminar can accommodate 30 participants. We have created a waiting list at the same link. If the seminar fills up please register for the waiting list and we will contact you with future seminar dates. If you have trouble registering please call 713-647-1432 or 832-264-4974 for assistance.

### LOCATION:

Westminster Presbyterian Church  
6298 Hwy. 6 South  
Houston, Texas 77083

(Located at 6298 Highway 6 South  
at the corner of Alief Clodine and  
Highway 6 behind Chase Bank.)