



COUNTY JUDGE ED EMMETT  
DIRECTOR

# Emergency Essentials Kit

[www.hcoem.org](http://www.hcoem.org)

Print a copy of this emergency essentials list and take it with you to the store.

## Food

- 5-day supply of non-perishable food that doesn't need cooking
- Hand-operated can opener
- Plastic plates, cups, utensils

## Water

- 1 gallon of drinking water per person per day enough for 5 days

## First Aid

- Red Cross approved first aid kit
- Backup prescriptions for essential medications

## Personal Hygiene

- Hand sanitizer or disinfectant wipes
- Toilet paper, paper towels, garbage bags
- Dental care and vision products
- Travel-size soaps and other beauty supplies
- Change of clothes, pair of shoes and blanket per person

## Clean Air Items

- Nose and mouth protection masks (N-95 rating)
- Plastic sheeting
- Duct tape

## Baby Items

- Formula, bottles, powdered milk
- Diapers
- Baby wipes
- Diaper rash ointment

## Lighting

- Flashlights for each family member with extra batteries
- Fluorescent lanterns for each common area
- Waterproof matches or a utility lighter

## Communication

- Portable, battery-powered radio
- Land-line phone with long cord
- Extra batteries for flashlights, lanterns, radio
- Extra cell phone battery or car charger
- Whistle

## Family Safety Items

- Smoke detector with battery for each floor
- Carbon monoxide detector with battery backup
- Fire extinguisher
- Non-scented bleach for sanitization
- Sunscreen
- Insect repellent
- Shovel and basic tools

## Transportation Items

- State and regional road maps
- Basic repair items (tools, tire patch kit, engine oil)
- Games, books, puzzles

## Pet Needs

- 5-day supply of non-perishable pet food and water
- Cage or pet carrier and leash
- Pet medications and pet first-aid kit
- Current photo in case you are separated
- Cat litter and box
- Pet bed and toys